You will keep him in perfect peace, whose mind is stayed on you: because he trusts in you.

Isaiah 26 v 3

Today the world is experiencing unprecedented times, with great chaos, fear and panic. Jesus warned us that in the last days in Luke 21 we shall hear of wars and commotions, nation shall rise against nation, and kingdom against kingdom: and great earthquakes shall be seen and famines, and pestilences and that men's hearts will fail them for fear, and for looking after those things which are coming on the earth.

The words synonyms to pestilence here are – virus, pandemic and epidemic, which we are seeing all around us today literally within the last three weeks, Jesus goes on to say when we see these things that we have to look up as our redemption draws near.

The bible encourages us to fear not and be anxious for nothing so let's spend more time meditating the words of our Lord and allow them to minister to our hearts by reading the gospels.

As we do this God's peace that passes all understanding will guard our hearts and mind, Jesus said in the world we will have trials and tribulation but be of good cheer as I have overcome the world.